

Registering without a REPs Recognised Qualification (Provisional to full REPs registration)

From December 2012 there has been a significantly simplified way that we verify qualifications for individuals who have completed non REPs registered courses (the number of non registered courses is now small as the majority of fitness and exercise courses are now registered with REPs).

This new process will also apply to people moving to NZ from countries which are not part of our international portability agreements.

What has changed?

The prior process (called RCC or Recognition of Current Competence) required the exercise professional to complete a significant amount of paper work and also training. The fee was also uncapped and ranged from \$750 to \$1200 dependant on the time involved by the Skills Active assessor.

The new system addresses both of these issues – the new process doesn't require any actual training or education, it simply involves providing evidence and being assessed against the National Certificates in Fitness. The fee has also been significantly reduced, and fixed to provide certainty around the cost of the process.

What's involved with this process?

The process involves the completion of an assessment process (paper based evidence and assessment) to verify the skills and knowledge an individual holds. So effectively, if an individual already has all of the skills and knowledge for the REPs registration level(s), then they don't have to undertake any further education or training. They simply undergo an assessment process to verify their skills and knowledge.

REPs are using Skills Active Aotearoa (the government recognised industry training organisation) to undertake this assessment process. A specially trained Skills Active Assessor will guide the individual through the process, and also undertake the assessment. The same assessor will deal with all steps in the process.

The process involves the individual providing evidence which is used to verify their knowledge and skill. This evidence includes work place references (if club based), sample paperwork used with clients, client case studies and client feedback forms etc. On the successful completion of the assessment, the individual receives the relevant National Certificate in Fitness. This National Certificate is then recognised by REPs to meet the qualification component for REPs registration.

What is the cost of this assessment process?

We realise it is important that the cost of the assessment must be kept to a minimum, and with this in mind, we have negotiated a significantly lower and fixed fee with Skills Active. You may go through this type of RCC process without being a REPs registered trainer but as a REPs registered individual you are bale to get a further discount on the price of this process.

Personal Trainer Contractor registration requiring two assessments

For the majority of people, the process will only require assessment against one National Certificate. The exceptions are:

- An individual requiring assessment at our personal trainer contractor level for both their exercise prescription, and personal training business skills components (i.e both their

exercise prescription and personal training business skills qualifications are not REPs recognised). There are two separate National Certificates for this registration level - the National Certificate in Fitness (Exercise Consultant) and (Personal Training Business Skills).
- An individual requiring assessment for both exercise prescription (registration as an exercise consultant) and group exercise.

Provisional registration

To allow time for the assessment process to be completed, REPs provides a period of 3 months provisional registration. During the period of provisional registration, you still receive the normal benefits of REPs registration (with the exception of international portability) including the professional insurance cover for personal trainer contractors, access to the REPs resources etc. The assessment process must be completed within 3 months to avoid an additional bonding payment.

How to get started

Your first step is to complete an application form to establish the appropriate pathway for you. Contact Julz Darroch on 021 833 976 or email julz@bigredball.co.nz for an application form and to answer any questions you have.