



National Certificate in Fitness Foundations (level 2) Assessment Quote Full Qualification/ Using Evidence Verifier

Assessments methods may include

- 1: Pre- assessment meetings (on site or via phone)
- 2: Practical assessments, observation and interviews (on site or through recordings)
- 3: Written work
- 4: Case studies
- 5: Evidence gathered by gatherer in workplace

This quote is based on the availability of an appropriate workplace evidence gatherer.

PLEASE NOTE: This assessment quote is a guide only, and does not include any re assessment in the case of a not yet competent outcome.

This is a full qualification quote, for assessment of individual books cost may increase.

SKILLS ACTIVE FEES ARE NOT INCLUDED IN THIS QUOTE

INDIVIDUAL WORKBOOK ASSESSMENTS

Assessment book	Assessment methods
Exercise Technique	1, 2, 3, 4, 5
Anatomy of Movement and Stretching	1, 2, 3, 4, 5
Health Risks and Exercise Stress	1, 2, 3, 5
Dealing with Customers	1, 2, 3, 5
Health and Safety at Work	1, 2, 3, 5
Manage Personal Physical Fitness	1, 3, 5
Principles of Nutrition	1, 3
Understanding your Customers	1, 2, 3, 5
Fitness in your Community	1, 2, 3, 5

TOTAL ASSESSMENT COST FOR THIS QUALIFICATION: \$490